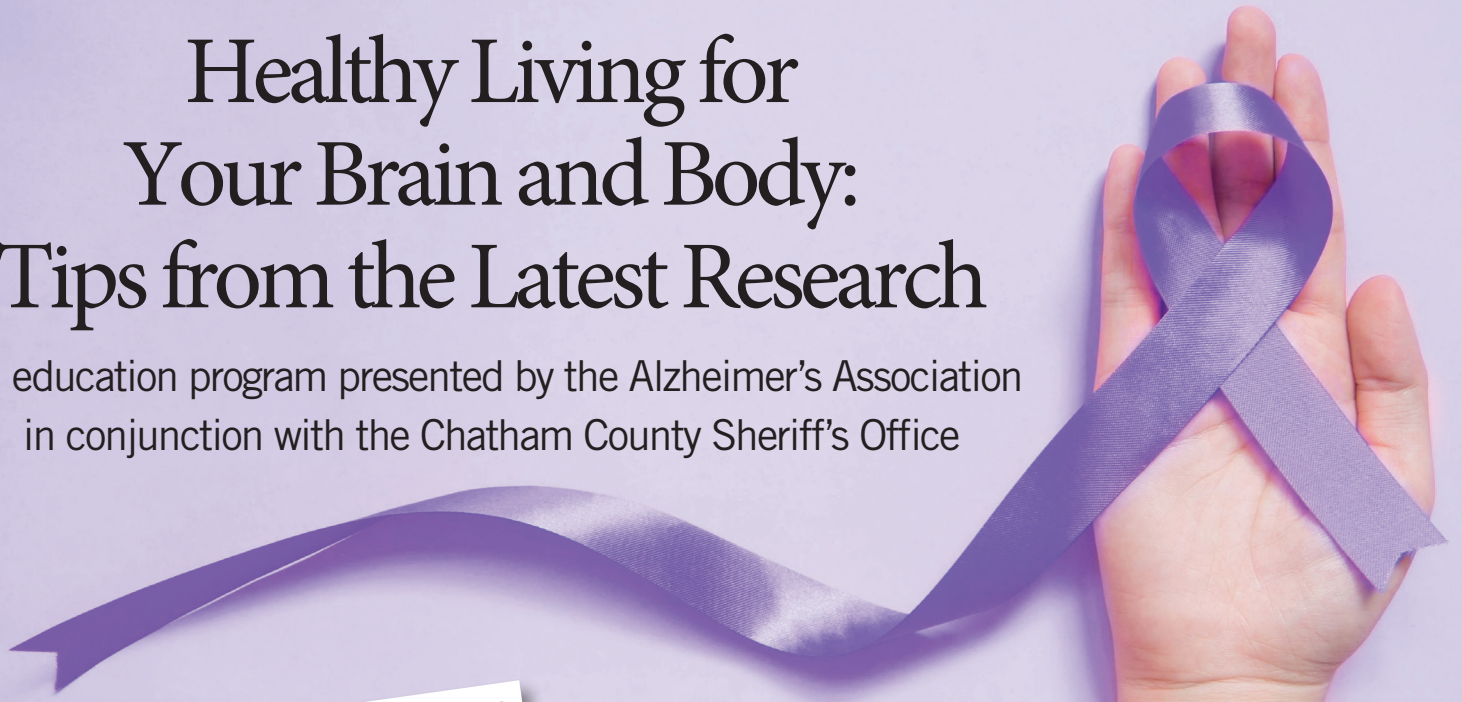


# Healthy Living for Your Brain and Body: Tips from the Latest Research

an education program presented by the Alzheimer's Association  
in conjunction with the Chatham County Sheriff's Office



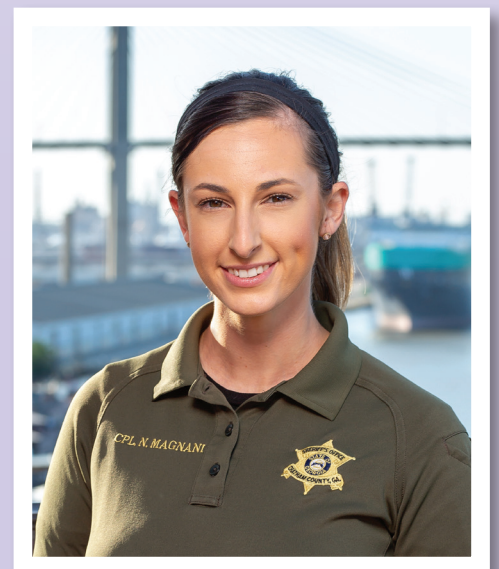
**May 16, 2024 | 10:45 - 11:30 a.m**

**Effingham County Senior Center  
128 New Stillwell Road  
Springfield, GA 31329**

**Registration:**

**Please call Michele Stuart at  
912-754-2138**

**Community Educator:  
Senior Instructor, SWAT Negotiations  
Team Leader, Cpl. Nicole Magnani**



 **ALZHEIMER'S<sup>®</sup>  
ASSOCIATION**