



Wellness & Enrichment Program Registration

Frank G. Murray Community Center

Effective July 2021

- Registration opens on TUESDAY FEB 21st at 9AM
- Check desired date(s) and submit form to front desk staff or email completed form to <u>fgcc@chathamcounty.org</u>.
- Forms submitted prior to 9:00 AM on 2/21 will not be accepted.
- Classes will be filled by the order which forms are received, staff will confirm your registration upon receipt, via text, email, phone call or in person.

<u>Need to cancel your reservation</u>? A 12 hour cancellation notice is a courtesy that allows other participants on the wait list an opportunity to attend. Call (912) 898-3320 to cancel. *Please note the following No Show Policy:* 1st *No Show: Warning* 2nd *No Show: Unenrollment from the next two weeks of reserved classes.* Note: programs listed on the calendar, but not on this form are drop-in classes or have separate registration with outside instructors or organizations. Please ask staff for assistance or if you have questions about programs or rentals at the center.

Day	Activity	Time	Date	Date	Date	Date	Date
Monday	Bingo	10:00am		□3/6	3/13	3/20	3/27
	Lunch Bunch	11:15am				□ 3/20	
Tuesday	Yoga 101	9:30am		3/7	3/14	3/21	3/28
	Yoga 2.0	10:30am		3 /7	3 /14	3 /21	□ 3/28
	G.E.M.	12:30pm		□ 3/7		□ 3/21	3 /28
Tuesday	Tight & Tone	2:00pm		3/7	3/14	3/21	□ 3/28
	Tech Help	11-1pm			3/14 Email 101		3/28 Text 101
Wednesday	SPRY Mat Yoga	9:45am	3/1	□ 3/8	3/15	3/22	3/29
	Zumba	11:00am	3 /1	□ 3/8		□ 3/22	3 /29
	Sit & Be Fit	12:45pm	3 /1	3 /8	□ 3/15	□ 3/22	3 /29
	Community Art	1:30pm	□ 3/1		3/15		3 /29
Wednesday	Tech Help	1-3pm		3/8		3/22	
				Email 101		Text 101	
Thursday	Pilates	9:30am	□ 3/2	□ 3/9	3 /16		3 /30
	Adv. Pilates	10:30am	□ 3/2	3 /9	3 /16		□ 3/30
	Beg Line Dance	1:00pm	□ 3/2	3 /9	3 /16		□ 3/30
	SEED SWAP	1:00pm			3/16		
	Tech Help	11-1pm				3/23	
						Email/Text 101	
Friday	SPRY Chair-Mat	9:45am			3/17	3/24	3/31
Friday	SPRY Chair Only	11:00am			3/17	3/24	3/31

*Monthly AARP Safe Driver Courses are available continuously for registration-see front desk

Name: Phone#:

EMAIL:

We look forward to serving you at the FGMCC.