



FEBRUARY 2023

# Wellness & Enrichment Program Registration

Frank G. Murray Community Center

Effective July 2021

- **Registration opens on MONDAY JAN 23rd at 9AM**
- Check desired date(s) and submit form to front desk staff or email completed form to [fgcc@chathamcounty.org](mailto:fgcc@chathamcounty.org).
- **Forms submitted prior to 9:00AM on 1/23 will not be accepted.**
- Classes will be filled by the order which forms are received, staff will confirm your registration upon receipt, via text, email, phone call or in person.

**Need to cancel your reservation?** A 12 hour cancellation notice is a courtesy that allows other participants on the wait list an opportunity to attend. Call (912) 898-3320 to cancel. *Please note the following No Show Policy: 1<sup>st</sup> No Show: Warning 2<sup>nd</sup> No Show: Unenrollment from the next two weeks of reserved classes.*  
*Note: programs listed on the calendar, but not on this form are drop-in classes or have separate registration with outside instructors or organizations. Please ask staff for assistance or if you have questions about programs or rentals at the center.*

Day	Activity	Time	Date	Date	Date	Date	Date
Monday	Bingo	10:00am 11:15am		<input type="checkbox"/> 2/6	<input type="checkbox"/> 2/13 <input type="checkbox"/> LUNCH <input type="checkbox"/> BUNCH		<input type="checkbox"/> 2/27
Tuesday	Yoga 101 Yoga 2.0 G.E.M. DIY King Cake	9:30am 10:30am 12:30pm 11:00am		<input type="checkbox"/> 2/7 <input type="checkbox"/> 2/7 <input type="checkbox"/> 2/7	<input type="checkbox"/> 2/14 <input type="checkbox"/> 2/14 <input type="checkbox"/> 2/14	<input type="checkbox"/> 2/21 <input type="checkbox"/> 2/21 <input type="checkbox"/> 2/21	<input type="checkbox"/> 2/28 <input type="checkbox"/> 2/28 <input type="checkbox"/> 2/28
Tuesday	Tight & Tone Tech Help	2:00pm 11a-1pm		<input type="checkbox"/> 2/7	<input type="checkbox"/> 2/14 <input type="checkbox"/> 2/14 Emerg/ID	<input type="checkbox"/> 2/21	<input type="checkbox"/> 2/28 <input type="checkbox"/> 2/28 Apps 101
Wednesday	SPRY Mat Yoga Zumba Sit & Be Fit Community Art	9:45am 11:00am 12:45pm 1:30pm	<input type="checkbox"/> 2/1 <input type="checkbox"/> 2/1 <input type="checkbox"/> 2/1 <input type="checkbox"/> 2/1	<input type="checkbox"/> 2/8 <input type="checkbox"/> 2/8 <input type="checkbox"/> 2/8	<input type="checkbox"/> 2/15 <input type="checkbox"/> 2/15 <input type="checkbox"/> 2/15 <input type="checkbox"/> 2/15	<input type="checkbox"/> 2/22 <input type="checkbox"/> 2/22 <input type="checkbox"/> 2/22	
Wednesday	Tech Help Apps 101	1-3pm		<input type="checkbox"/> 2/8 Emerg/ID		<input type="checkbox"/> 2/22 Apps 101	
Thursday	Pilates Adv. Pilates Beg Line Dance Chair Yogalates	9:30am 10:30am 1:00pm 1:00pm	<input type="checkbox"/> 2/2	<input type="checkbox"/> 2/9 <input type="checkbox"/> 2/9 <input type="checkbox"/> 2/9	<input type="checkbox"/> 2/16 <input type="checkbox"/> 2/16 <input type="checkbox"/> 2/16	<input type="checkbox"/> 2/23 <input type="checkbox"/> 2/23 <input type="checkbox"/> 2/23	
Friday	SPRY Chair-Mat	9:45am		<input type="checkbox"/> 2/10	<input type="checkbox"/> 2/17	<input type="checkbox"/> 2/24	
Friday	SPRY Chair Only	11:00am		<input type="checkbox"/> 2/10	<input type="checkbox"/> 2/17	<input type="checkbox"/> 2/24	

**\*Monthly AARP Safe Driver Courses are available continuously for registration-see front desk!**

Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ EMAIL: \_\_\_\_\_

We look forward to serving you at the FGMCC.