



Wellness & Enrichment Program Registration

Frank G. Murray Recreation Center

Effective July 2021

- Registration begins on the last Monday of each month.
- Check desired date(s) and submit form to front desk staff or email completed form to fgcc@chathamcounty.org
- Classes will be filled by the order which forms are received, staff will confirm your registration upon receipt, via text, phone call or in person.

Need to cancel your reservation? A 12 hour cancellation notice is a courtesy that allows other participants on the wait list an opportunity to attend. Call (912) 898-3320 to cancel. *Please note the following No Show Policy: 1st No Show: Warning 2nd No Show: Unenrollment from the next two weeks of reserved classes.*

Note: programs listed on the calendar, but not on this form are drop-in classes or have separate registration with outside instructors or organizations. Please ask staff for assistance or if you have questions about programs or rentals at the center.

Day	Activity	Time	Date	Date	Date	Date	Date
Monday	Bingo	10:00am	<input type="checkbox"/> Aug 2	<input type="checkbox"/> Aug 9	<input type="checkbox"/> Aug 16		<input type="checkbox"/> Aug 30
Tuesday	Yoga 101 Pop Up! Cardio Hip Hop	9:30am 11:00am		<input type="checkbox"/> Aug 10	<input type="checkbox"/> Aug 17	<input type="checkbox"/> Aug 24	<input type="checkbox"/> Aug 31 <input type="checkbox"/> Aug 31
Tuesday	Tight & Tone	2:00pm	<input type="checkbox"/> Aug 3	<input type="checkbox"/> Aug 10	<input type="checkbox"/> Aug 17	<input type="checkbox"/> Aug 24	<input type="checkbox"/> Aug 31
Wednesday	Sit & Be Fit Pop Up! Chair Stretch	12:30pm 9:00am	<input type="checkbox"/> Aug 4	<input type="checkbox"/> Aug 11 <input type="checkbox"/> Aug 11	<input type="checkbox"/> Aug 18	<input type="checkbox"/> Aug 25	
Thursday	Beginner Line Dance	1:00pm	<input type="checkbox"/> Aug 5	<input type="checkbox"/> Aug 12	<input type="checkbox"/> Aug 19		
Thursday	Pilates	9:30am	<input type="checkbox"/> Aug 5	<input type="checkbox"/> Aug 12	<input type="checkbox"/> Aug 19	<input type="checkbox"/> Aug 26	
Friday	SPRY Chair- Mat	9:45am	<input type="checkbox"/> Aug 6	<input type="checkbox"/> Aug 13	<input type="checkbox"/> Aug 20	<input type="checkbox"/> Aug 27	
Friday	Spry Chair	11:00am	<input type="checkbox"/> Aug 6	<input type="checkbox"/> Aug 13	<input type="checkbox"/> Aug 20	<input type="checkbox"/> Aug 27	

Name: _____ Phone#: _____
(Please Print)

We look forward to serving you at the FGMCC.