

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Textile / Visual Arts 9:00am -11:00m Seniors In Motion Fitness 10:30am— 11:15am Building Bridges 1:00pm— 2:00pm	Chair & Swagger Fitness 12:45pm— 1:45pm	3 Textile / Visual Arts 9:00am—11:00am Backyard Gardening 101 12:00pm—1:30pm	4 Chair Yoga 10:00am —10:45am & 1:00pm —2:00pm Beginner Line Dance 11:00am— 12:00pm	5 R&B Bingo 12:30—2:00pm
8	9 Chair & Swagger Fitness 12:45pm— 1:45pm	10 Textile / Visual Arts 9:00am—11:00am	11 Chair Yoga 10:00am—10:45am & 1:00pm-2:00pm	12
Textile Arts / Visual Arts				Mid Day Movie
9:00am-1100am Seniors				12:00pm—2:00pm "Black Nativity"
In Motion Fitness 10:30am—11:15am		Sip & Paint w/ Friends 12:00—1:00pm	Beginner Line Dance 11:00am—12:00pm	
Wellness Lunch & Learn				
11:30am -12:30pm				
15 Textile / Visual	16 Inspiration Circle 11:30am—12:30pm Chair & Swagger Fitness 12:45pm— 1:45pm	17 Textile / Visual Arts 9:00am— 11:00am Culture Club Kwanzaa 101 12:00pm—1:00pm	18 Chair Yoga 10:00am—10:45am Beginner Line Dance 11:00am—12:00pm	19 Mid Day Movie
Arts 9:00am				12:00pm—2:00pm
–11:00am Seniors In				"The Preacher's Wife"
Motion Fitness				
10:30am—11:15am				
Building Bridges				
1:00pm—2:00pm				
22 Textile Arts /Visual	23 ENTIRE	24	25	26 KWANZAA Mid Day
Arts 9:00am—11:00am	MENTORING	+ + *	+ +	Movie 12:00—2:00pm
Seniors In Motion Fitness				
10:30am—11:15am Long		*	+ **	"Jingle Jangle" ENTIRE
Term Care Talk 11:30am		Hannut	Holidays! 🔭	
12:30pm ENTIRE		mappy 1	roungs:	MENTORING
MENTORING 12:00pm— 1:30pm				12:00pm—1:30pm
29 KWANZAA	30 KWANZAA	31 KWANZAA	programs at the	I
Textile /Visual Arts 9:00am-11:00am		Textile / Visual Arts	GRECHA	PINP ATAMON
	Chair & Swagger	9:00am—11:00am	GYM GYM	
	Fitness 12:45pm—	Line Dance Party		
		11:00am—12:30pm		

1:45pm

3709 Hopkins St. Savannah GA 31405 Call 912.665.6718 for info

SPECIAL DATES TO REMEMBER

3rd— HEALTHY LIVING WORKSHOP

Join Brother Babaofun of Harambee House for his monthly Presentation. Topic: Backyard Gardening 101

8th—LUNCH & LEARN W/ TONYA SHERMAN

Supervisor, Caregiver Recruitment & Retention DFCS
Topic: How to Beat the Holiday Blues

MID-DAY MOVIE

12th "Black Nativity" 19th "The Preacher's Wife"26th "Jingle Jangle"

Enjoy these holiday classics! Refreshments served

20th—SERVSAFE ONE DAY CERTIFICATION CLASS

9am –5pm Taught by Chef Naomi McAlister, Food Safety Instructor & Proctor. Please contact Naomi198911@gmail.com to register



22nd, 23rd, & 26th ENTIRE MENTORING SESSIONS

Sign your pre-teen / teen up for this special mentoring program lead by Charlton Jefferson. Topics like self care, conflict resolution, and life skills will be covered. FREE

Contact charlton.bjefferson@yahoo.com OR sedavis@chathamcounty.org to register





Prepare your family for a Kwanzaa Celebration at home! Learn the history, principles, symbols, and significance of this important cultural holiday.

Enjoy artistic presentations, support local vendors and fellowship with the community. Bring the whole family!



Experience cultural connection as we honor the 7 principles of Kwanzaa through music, dance, and community. Kinara Ceremony - Delicious Food

Vendor Market - Kids Activities

FREE!!

Join us for a talk on



- why is it necessary
- what to consider
- how to plan

*light refreshments served



22nd—THE IMPORTANCE OF LONG TERM CARE

Join Mary Bush of Savannah Financial Center to learn why and how to plan for long term care.