

QUICK GUIDE TO REGISTRATION

***REGISTER ONLINE -REGISTRATION SYSTEM:**

[HTTPS://CHATHAMCOUNTYPARKS.PERFECTMIND.COM](https://chathamcountyparks.perfectmind.com)

VISIT AND CLICK ON "SIGN UP" TO CREATE A LOG IN.
SEARCH THE FGM CENTER FOR ACTIVITIES BY DATE,
CATEGORY, OR KEYWORD TO SELECT YOUR DESIRED
CLASSES, AVAILABLE 24/7,

VISA, MASTERCARD, AMERICAN EXPRESS & DISCOVER
CARD ACCEPTED.

***REGISTER BY PHONE-**

CALL THE FRANK G MURRAY COMMUNITY CENTER
DIRECTLY TO REGISTER FOR YOUR FAVORITE
PROGRAMS DURING WEEKDAY OPERATING HOURS.
VISA, MASTERCARD, AMERICAN EXPRESS & DISCOVER
CARD ACCEPTED WITH PHONE-IN REGISTRATION.

***REGISTER IN PERSON-**

VISIT THE FRANK G MURRAY COMMUNITY CENTER
DIRECTLY DURING WEEKDAY OPERATING HOURS TO
REGISTER VIA THE SOFTWARE SYSTEM, WITH STAFF
ASSISTANCE. VISA, MASTERCARD, AMERICAN EXPRESS
& DISCOVER CARD AND CHECKS ARE ACCEPTED FOR IN-
PERSON REGISTRATION.

**ANNUAL MEMBERSHIPS MAY BE PURCHASED
IN PERSON OR VIA PHONE.

MEMBERSHIP IS NOT REQUIRED TO ATTEND
PROGRAMS, IT OFFERS A DISCOUNT ON SOME
PROGRAMS AND EARLY REGISTRATION.

AGES 18-59- \$35/YR

AGES 60+- \$25/YR

CHECK IN FOR ALL PROGRAMS AT THE FRONT DESK.

PRE-REGISTER FOR PROGRAMS THAT ARE
NOT MARKED WITH AN ASTERISK "*"

VIEW & REGISTER FOR PROGRAMS:

[HTTPS://CHATHAMCOUNTYPARKS.PERFECTMIND.COM](https://chathamcountyparks.perfectmind.com)

OR CALL/VISIT THE WELCOME DESK FOR
ASSISTANCE

MONDAYS 10-11AM

\$2 MEMBER/ \$3 GENERAL

TO PLAY FOR PRIZES! ENJOY COFFEE &
SNACKS WHILE IN A SOCIAL, SAFE
SETTING



C O M P L I M E N T A R Y P R O G R A M S :

- COFFEE TALK
- LUNCH & LEARN
- SEWING BEES
- WALKIE TALKIES
- STRETCH IT OUT
- MAHJONGG MEETUP
- CHESS SOCIAL
- WATERCOLOR WONDERS
- BOARDGAME SOCIETY
- TEA & TRIVIA
- DEMENTIA CAREGIVER SUPPORT
- INSPIRATION CIRCLE
- CANASTA MEETUP

CALL US 912.898.3320

EMAIL:

FGCC@CHATHAMCOUNTY.ORG

HEALTH & FITNESS

**BRING YOUR OWN WATER & MAT TO CLASS-
NO FLIP FLOPS OR SLIDES**

SPRY YOGA CLASSES/ \$5 COMMUNITY CLASSES 45-55MIN

Savannah Power Yoga offers the SPRY program to the
community with 3 levels of SPRY yoga classes. 100% of your
class fee benefits the Edel Caregiver Institute. **\$5 cash is
collected upon check in. Online Payment is not
accepted for this program.**

Level 1: Chair only 45min

Level 2: Chair + Mat 45 min

Level 3: Mat only 55 min

Modifications available, great for all levels!

GEM/CARDIO DRUM/ \$3MEM/\$5GEN 45MIN

Get strong, stable and flexible with Rebbeca & Eden

SIT & BE FIT / \$5 MEM/\$7 GEN 45MIN

Fitness is fun in this inclusive fitness class with Kelli!

Completely seated movements that include
stretching & various props to improve mobility,
posture & muscle strength.

GENTLE MAT YOGA/ \$5 MEM/\$7 GEN 55MIN

This program offers a select variety of instructors offering
you an all-level, slower-pace movement for building strength
& flexibility.

PILATES ON THE MAT/\$5 MEM/\$7GEN 55MIN

Explore small apparatus for developing a strong core &
flexibility. beginner- intermediate level

CHAIR STRETCH & FLEX/ \$3 MEM/\$5 GEN 45MIN

Gain strength through seated exercises, handweights and
various props to increase mobility & flexibility while having
fun!

COMPLIMENTARY FITNESS CLASSES:

STRETCH IT OUT 30MIN*

A great beginner class of seated stretches & low impact
cardio movement for a morning boost!

WALKIE TALKIES 30MIN*

Join the center's staff for an indoor 3,000 step
walk/movement, with a video on the big screen to kick off
your morning well!

**MONDAYS & WEDNESDAYS 9AM-3PM
~ THE TAX COMMISSIONER'S
OFFICE PROVIDES SERVICES FOR
BOTH TAG & PROPERTY
TRANSACTIONS.
TO MAKE YOUR
APPT: CALL (912) 652-7100 OR VISIT
TAX.CHATHAMCOUNTYGA.GOV**